



Carpal Tunnel Glove

Clinically Proven Heat Therapy:

This product protects the wrist from movements that can lead to Carpal Tunnel Syndrome. The



Thermoskin Carpal Tunnel Glove offers the added benefit of heat therapy. Only Thermoskin Thermal Supports have been clinically proven to increase subcutaneous skin temperature 2-3°F for the optimal level of heat therapy. Thermoskin's patented


Trioxon® lining creates a microclimate that maintains elevated skin temperature while still allowing the skin to ventilate for long-term user comfort. The spiral structure of the Trioxon lining lifts moisture away from the skin and traps air within the lining to help prevent excessive perspiration. In a recent study Thermoskin Thermal Supports provided "Considerable Relief" or "Total Relief" of pain in 83% of patients.

- Helps Prevent Wrist Movements that can cause Carpal Tunnel Syndrome
- Comfortable, Firm Support for Weak, Injured or Aching Wrists
- Helps Prevent and Provide Relief of Carpal Tunnel Syndrome
- Allows for Full Use of Fingers
- Added Benefit of Heat Therapy
- Relieves Pain and Inflammation
- Anatomically Conforming Fit



Carpal Tunnel Stay position is illustrated here in gray, actual product is solid black

Model Numbers 8*197 (left) & 8*198 (right)

| | XS | S | M | L | XL | XXL |
|---|--|--|-------------------|--|---|--|
|  GLOVE Measure the circumference of the hand around the knuckle | 15-17 cm 6"-6 ³ / ₄ " | 18-20 cm 7"-7 ³ / ₄ " | 21-23 cm 8"-9" | 24-26 cm 9 ¹ / ₄ "-10 ¹ / ₂ " | 27-29 cm 10 ³ / ₄ "-11 ¹ / ₂ " | 30+ cm 11 ³ / ₄ + |

Your Thermoskin should be a snug and comfortable fit. Not too tight, not too loose. If in doubt try next larger size. Use of the correct size is essential for effective results. Before buying, check size and measurement instructions. When ordering put in code number for size required in place of asterisk. Size code numbers are: 2 for XS, 3 for S, 4 for M, 5 for L, 6 for XL, 7 for XXL.



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Patent #4,961,418 Other patents pending. L19700 5.06

The Solution for Pain Relief and Support



Swede-O Inner Lok 8®
Also available in white.

The patented internal figure 8 strapping system allows patients to easily apply the brace in the correct position.



Swede-O Tarsal Lok®

The patented built-in stabilizer design actually molds to the shape of your ankle simply from body heat.



Swede-O Ankle Lok®
Also available in white.

The original "Swede-O." Exclusive lacing system stays tighter, longer than any other brace for long lasting support.



Swede-O Arch Lok®
Also available in white.

Modified orthotic footplate for superior arch and foot control. Three adjustable straps for a more custom fit.



Swede-O Walking Boot
Tall and short models available.

Deluxe foam liner and wider footbed for comfort. Rocker bottom for easier walking.



Swede-O Adjustable Night Splint

Helps provide relief from the pain and discomfort of Plantar Fasciitis. Adjusts from 90° to 10° dorsiflexion.



Swede-O Step-Smart™

Drop foot brace with the exclusive, adjustable Jacob Joint™ to absorb shock and decelerate the plantar flexion phase instantaneously at heel strike.



Thermoskin Hinged Elbow

X-cross hook & loop locking straps help restrict range of motion. Medial and lateral hinges provide a hyperextension stop at 0°.



Thermoskin Lumbar Support

Provides heat therapy and support for the back. Flexible metal stays and elastic straps provide added support.



Thermoskin Double Shoulder

Provides heat therapy and support to both shoulders. Also useful after surgery or for Tendonitis.



Thermoskin Knee Patella

Provides heat therapy, support and protection for the knee. Open patella to help prevent irritation to the kneecap.



Thermoskin Knee Stabilizer

Internal flexible metal stays, together with adjustable locking straps provide knee stability.



Thermoskin Hinged Knee ROM

Provides exceptional support. Range of Motion (ROM) hinges provide stability and may be adjusted to limit extension at 0°, 15°, 30° or 45° settings.








Thermoskin Hinged Knee Wrap ROM

Provides exceptional support. Range of Motion (ROM) hinges provide stability and may be adjusted to limit extension at 0°, 15°, 30° or 45° settings.



Thermoskin Carpal Tunnel Brace w/Dorsal Stay

Metal splints provide protection and support while also providing heat therapy. Helps treat and prevent Carpal Tunnel Syndrome.

| BODY PART/PRODUCT | XS | S | M | L | XL | XXL |
|---|-----------------------------|-----------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|
|  KNEE Measure slightly bent underneath knee cap | 26-30 cm 10 1/4"-11 3/4" | 31-35 cm 12"-13 3/4" | 36-40 cm 14"-15 3/4" | 41-45 cm 16"-17 3/4" | 46-50 cm 18"-19 3/4" | 51-55 cm 20"-21 3/4" |
|  BACK Measure around middle of waist | 60-69 cm 23 1/2"-27 1/4" | 70-80 cm 27 1/2"-31 3/4" | 81-90 cm 32"-35 1/2" | 91-100 cm 35 3/4"-39 1/2" | 101-112 cm 39 3/4"-44" | 113-125 cm 44 1/4"-48 1/2" |
|  WRIST/HAND & THUMB SPICA Measure evenly around wrist joint | 11-13 cm 4 1/2"-5 1/4" | 14-16 cm 5 1/2"-6 1/4" | 17-19 cm 6 1/2"-7 1/2" | 20-22 cm 7 3/4"-8 3/4" | 23-25 cm 9"-10" | 26-30 cm 10 1/4"-11 1/4" |
|  ELBOW Measure around elbow joint with arm extended | 18-22 cm 7 1/2"-8 3/4" | 23-26 cm 9"-10 1/4" | 27-30 cm 10 1/2"-11 3/4" | 31-35 cm 12"-13 3/4" | 36-40 cm 14"-15 3/4" | 41-45 cm 16"-17 3/4" |
|  SHOULDER Measure expanded chest around middle | 84-89 cm 33"-35" | 90-95 cm 35 1/4"-37 1/2" | 96-102 cm 37 3/4"-40 1/4" | 103-109 cm 40 1/2"-43" | 110-120 cm 43 1/4"-47 1/4" | 121-131 cm 47 1/2"-51 1/2" |
| ALL SWEDE-O LACE-UP ANKLE BRACES – Ankle Lok® – Strap Lok® Easy Lok® – Inner Lok 8® Tarsal Lok® – Trim Lok® – X8™ | Men's 3-5 1/2" | 6-7 1/2" | 8-10 1/2" | 11-12 1/2" | 13-14 1/2" | 15+ |
| Women's | 4-6 1/2" | 7-9 1/2" | 10-11 1/2" | 12-13 1/2" | 14-15 1/2" | 16+ |

NOTE: XXS is available for white Ankle Lok (model #01210) & fits women's shoes size 2-3. XXL is available for Ankle Lok & Strap only.

Step-Smart™ Sizing Guide

Step-Smart size S/M fits heel widths up to 63mm (2 1/2 inches) and up to a Men's shoe size 9 or Women's size 10. The end of the footplate should land behind the metatarsal heads. The S/M footplate length is 6 1/4".

Step-Smart size L/XL fits heel widths up to 76mm (3 inches) and up to a Men's shoe size 7 and higher, Women's 8+. The end of the footplate should land behind the metatarsal heads. The L/XL footplate length is 6 3/4".



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This brochure highlights some of the most popular Swede-O and Thermoskin products. Visit our Web site for information on our extensive line of over 100 products for all parts of the body at www.swedeo.com.

Swede-O is proud to be the U.S. distributor of Thermoskin products. Thermoskin® & Trioxon® are registered trademarks of United Pacific Industries Pty LTD. Patent #6,398,750, 6,652,472 and 5,741,222. Other Patents Pending.

| | | | | | | | |
|--|---------|-----|-------------|----------|-----------|-----|---|
| SWEDE-O ARCH LOK® | Men's | — | 4-7 | 8-10 | 11-13 | 14+ | — |
| | Women's | 4-6 | 7-9 | 10-12 | 13-15 | 16+ | — |
| SWEDE-O® ADJUSTABLE NIGHT SPLINT | Men's | — | up to 7 | 7 1/2-10 | 10 1/2+ | — | — |
| | Women's | — | up to 7 1/2 | 8-10 1/2 | 11+ | — | — |
| SWEDE-O WALKING BOOTS® Short and Tall Models | Men's | — | 4-7 1/2 | 8-10 1/2 | 11-13 1/2 | — | — |
| | Women's | — | 5-8 | 9-11 1/2 | 12-14 1/2 | — | — |